

The Haw River Canoe & Kayak Company

SEA KAYAKING FUNDAMENTALS

Course Description:

This is an introductory course in the basics of sea kayaking. It stresses technique, safety and enjoyment. Instruction is designed to give the participant a solid foundation in sea kayaking. Instruction includes choosing the correct equipment, proper weld, entry, exists, balance, bracing, strokes, safety, self-rescue techniques, assisted rescue techniques and trip planning. There will be plenty of time to observe birds and wildlife while practicing various techniques.

Logistics:

This 16-hour course is taught over two consecutive weekend days in the lake above the dam in Saxapahaw, NC. The course will begin both days at The Haw River Canoe & Kayak Company office. Class hours are from 9:00 a.m. to 4:00 p.m. In addition to a lunch break, there will be several other breaks throughout each day.

What We Provide:

We provide a sea kayak, paddle, PFD (personal floatation device), spray skirt, bilge pump, sponge and instruction.

Your Responsibility:

Participants are responsible for providing clothing and footwear that can get dirty and/or wet, hat, sunscreen, change of clothing for the rides home, lunches, water and transportation to and from the course location.

Course Fee & Reservations:

The course fee is \$185.00 per person and must be paid at the time the reservation is made.

To register, please call 336/260-6465. When your registration has been confirmed, send payment to The Haw River Canoe & Kayak Company, P.O. Box 22, Saxapahaw, NC 27340. Registrations are filled on a first come, first serve basis when payment is received.

Cancellation Policy:

Cancellations made more than 30 days in advance will receive a full refund less a 15% administration fee. Cancellations made less than 30 days but more than 10 days prior to the course start date, will not receive a refund – but 50% of the fee may be credited toward a future course or trip, to be used within 1 yr. Cancellations made less than 10 days prior to departure, or "no shows", will receive no refund or credit.

If The Haw River Canoe & Kayak Company cancels the course, participants are eligible for a full refund, but in no way shall The Haw River Canoe & Kayak Company's liability exceed the cost of the course, and The Haw River Canoe & Kayak Company is not liable for extra expenses incurred in preparation for the course. Courses are sold as a package, and credits are not given for services not used.

Dollar-A-Day for Conservation

All of the courses and trips offered by The Haw River Canoe & Kayak Company are intended to raise public awareness to the need to protect our environment. We hope you will consider contributing one dollar per day to support the work of the Haw River Assembly, a local conservation group whose mission it is to protect the river, its tributaries and Jordan Lake. Simply add one dollar per day to The Haw River Canoe & Kayak Company course fee. We will make sure that your contribution gets to the Haw River Assembly.

Before and after your course, we will have Haw River Assembly membership brochures available should you be interested in joining the organization.